



À LA CARTE MENU LETABA



Starters

UMNGQUSHO Tindlovu Somp 🌱🌱	49
Umngqusho, a traditional Xhosa-dish that is made with samp and beans in a tomato jus – this was one of Nelson Mandela's favourite dishes.	
For a Tindlovu twist add cheddar cheese 🌱	22
SOUP OF THE DAY	65
Served with a freshly baked Tindlovu bun.	
SPINACH AND FETA CROQUETTE 🌱	65
Crumbed and deep-fried pap balls filled with spinach and feta, served with tomato relish.	
GRILLED CHICKEN WINGS	79
6 Chicken wings served with a Mozambican peri peri <i>or</i> sweet and sticky sauce.	
CRUMBED CHICKEN WINGS	89
6 Crumbed and deep-fried chicken wings served with a sweet and sticky sauce.	
SPICY CHICKEN LIVERS	69
Juicy tender chicken livers with a hint of fresh chillies served with smoked paprika and garlic rustic melba toast.	
CAULIFLOWER À LA TINDLOVU 🌱	89
Cauliflower steaks with a silky cauliflower puree topped with cranberries, sunflower and pumpkin seeds.	
Vegan option: Remove cauliflower puree 🌱	69
FRIED CALAMARI	89
Fried calamari served with a creamy lemon butter sauce.	

Salads

GREEN GODDESS SALAD 🌱🌱	95
Green apple, baby marrow, broccoli, baby spinach and peas, topped with a lemon infused olive oil.	
Variation: Add wholesome chopped avocado *seasonal	22
SAUTÉED MUSHROOMS, PEA AND QUINOA SALAD 🌱🌱	75
Herb infused quinoa served with garlic sautéed mushrooms and fresh peas.	
Add Parmesan cheese 🌱	20
RUSTIC CHICKEN SALAD	109
Chicken, fresh lettuce and chopped cucumber finished with sunflower seeds. Served with rustic chargrilled smoked paprika and garlic melba toast.	

Burgers

Served with Chips

TINDLOVU CHICKEN BURGER	119
Chicken breast, grilled on an open flame. Garnished with red onion, lettuce, tomato, sweet mustard and mayo topped with a battered onion ring.	
TINDLOVU VEGAN BURGER 🌱🌱	119
Plant based Tindlovu burger patty garnished with red onion, lettuce, tomato and vegan mayo.	
BABELAAS ALL DAY BREAKFAST BURGER	155
Pure beef patty, bacon, Emmental cheese topped with spicy tomato relish and fresh rocket.	
TINDLOVU BEEF BURGER	135
Pure beef patty, grilled on an open flame. Garnished with red onion, lettuce, tomato, sweet mustard and mayo topped with a battered onion ring.	
DOUBLE TINDLOVU BURGER	189
Two pure beef patties, grilled on an open flame. Garnished with red onion, lettuce, tomato, sweet mustard and mayo topped with a battered onion ring.	

Wholesome and Generous

Served with one side selection of your choice

CHICKEN POT PIE WITH PARMESAN	155
A delightful culinary creation of tender chicken, fresh vegetables nestled under a golden flaky Parmesan crust.	
VENISON POT PIE	165
A rich and hearty filling made with tender venison meat and fresh vegetables nestled under a golden flaky crust.	
CHICKEN SCHNITZEL	149
Juicy chicken breast with a light Cajun breading and fried to perfection, served with a sauce of your choice.	
LETABA MIXED GRILL	235
6 Chicken wings, pork ribs, lamb rump and pork sosatie skewer grilled to perfection.	
MOZAMBIKAN CHICKEN ESPETADA	179
Succulent chicken thighs, marinated in a blend of spices, served with a garlic, fresh mint and chive dipping sauce.	
HALF A CHICKEN	120
Half a chicken grilled on an open flame basted with lemon and herb sauce <i>or</i> kick it up a notch with our very own peri peri sauce.	

CHICKEN AND PRAWN CURRY 185
Chicken, coconut milk, fresh herbs and chilli flakes served with fresh sambals and poppadoms.

FRIED CALAMARI 179
Fried calamari served with a creamy lemon butter sauce.

Grill

Served with one side selection of your choice

SIRLOIN STEAK 139
200g Matured sirloin steak flame grilled to perfection.

T-BONE STEAK 195
350g T-Bone Steak flame grilled to perfection.

BRONCO STEAK 185
250g French trimmed prime rib beef steak topped with our famous Tindlovu sticky garlic basting.

STEAK, EGG AND CHIPS 160
200g Matured sirloin steak, grilled to perfection, topped with an egg and served with chips.

1/2 RACK OF PORK RIBS 195
Half a rack of meaty flame grilled pork ribs, basted with our famous sweet and sticky rib basting.

Sides

Umngqusho – Tindlovu samp 🍷🍷 35
Add cheese 15
Chargrilled Parmesan corn on the cob 🍷 45
Chargrilled corn on the cob 🍷🍷 39
Veggie Duo: Roasted butternut with cinnamon and butter 🍷 38
& Ouma Kitty's boere beans
Home-made chakalaka 22
Pap and sheba 28
Savoury rice 28
Chips 33

Sauces

Pepper 45
Cheese 45
Mushroom 45
Garlic 45
Creamy lemon butter 35

Light Meals

PAP & BOEREWORS 75
Pap and tomato sheba served with feta and peppadew boerewors.

BEEF PREGO ROLL 115
Sirloin steak smothered in our famous Mozambican peri peri sauce topped with sautéed onions and served with chips.

CHICKEN PREGO ROLL 95
Chicken breast smothered in our famous Mozambican peri peri sauce topped with sautéed onions and served with chips.

QUARTER CHICKEN 85
Quarter chicken grilled on an open flame basted with our very own peri peri *or* sweet and sticky sauce and served with chips.

GRILLED CHICKEN WINGS 149
12 Chicken wings served with Mozambican peri peri *or* sweet and sticky sauce, served with chips.

FRIED FISH 130
Served with chips, a lemon wedge and tartar sauce.

HALLOUMI AND VEG SKEWER 🍷 135
A tricolour of peppers, onions, courgettes and halloumi skewered and grilled to perfection with a squeeze of lemon.

Sandwiches

CHEESE AND TOMATO 🍷 65
Cheese and tomato sandwich served with chips.

HAM AND CHEESE 75
Ham and cheese sandwich served with chips.

HAM, CHEESE AND TOMATO 79
Ham, cheese and tomato sandwich served with chips.

MARINATED BRINJAL 🍷 75
Marinated grilled brinjals, fresh tomato, basil, sautéed onions drizzled with our home-made peppadew mayo on a sandwich served with chips.

GRILLED BACON AND CHEESE 85
Grilled bacon and cheddar cheese with mustard mayo sandwich served with chips.

GRILLED ROAST CHICKEN MAYONNAISE 72
Roast chicken mayo with fresh thyme on a sandwich served with chips.

BOBOTIE AND BLATJANG 99
Well known Malayan South African dish consisting of a mixture of curry mince, raisins and cheddar cheese on a sandwich served with chips and chutney on the side.

STEAK SANDWICH 115
Sirloin steak, mozzarella cheese, sautéed onions, drizzled with sweet mustard sauce on a sandwich and served with chips.

Desserts

CAKE OF THE DAY 64
Please kindly ask your waitron.

GIANT BUTTERMILK SCONES 48
Served with grated cheddar, butter and preserve.

JUMBO ARTISAN MUFFINS 42
Served with grated cheddar, butter and preserve.

FRUIT SALAD AND ICE CREAM 59
Creamy vanilla ice cream served with seasonal fruit.

CREAMY VANILLA ICE CREAM & CHOCOLATE FUDGE SAUCE 39
Served with a decadent chocolate fudge sauce.

MELKTERT JAFFLES 65
Served with a reduced cinnamon drizzle.

CUSTARD PHYLLO CIGARS 65
Phyllo pastry cigars filled with a rich and creamy custard.

MALVA PUDDING 59
Soft and spongy cake made with apricot jam and covered in a sweet and creamy sauce. Served warm with vanilla custard or ice cream, an old time favourite.



We'd appreciate your review!

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Tindlovu at the Gardens

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